

Is Your Bird Bored or Sick?

Quick signs to look for in your bird's behavior

By Liz Wilson, CVT, CPBC

Observe your bird's behavior to determine if it is sick or bored.
Courtesy Walter Malattia, California

A healthy, engaged bird should enjoy playing with its toys.

SICK

- Ruffled feathers with shivering
- Sleeps a lot
- Loss of appetite
- Clumsiness

BORED

- Excessive screaming
- Lack of interest in usual toys
- Normal appetite but lethargic
- Clean bill of health from avian vet