

## BIRD TALK's Birdie Bread

**Your bird will love eating this nutritious snack (12.5 MB)**

Watch our webisode of Cooking with Bird Talk on how to make Birdie Bread

You should first pre-heat your oven to 350 degrees

Ingredients:

1 cup flour

1 cup yellow cornmeal

4 tsp baking powder

½ cup frozen mixed veggies

½ cup chopped broccoli

½ cup dried fruits and nuts (We used cranberries, mangoes pineapples, cashews and coconut flakes.)

¼ cup vegetable oil

2 eggs (with shell)

1 cup dairy-free substitute (such as rice milk, soy milk or almond milk)

¾ teaspoon of salt

Directions:

Mix together the dry ingredients (flour, yellow cornmeal and baking powder.)

Add the frozen mixed veggies, chopped broccoli, dried fruits and nuts

Add liquid ingredients (eggs with shells, vegetable oil and dairy-free substitute.)

Mix together until smooth. Make sure to scrape the sides and the bottom of the bowl to ensure that all of the ingredients have been mixed together.

Bake for 20-25 minutes or until the toothpick comes out clean from the center of the bread.

Cool and cut into ½ inch cubes to eat and store the extra for later.