

BIRD TALK's Food Toys

Learn how to make fun, edible food toys for your bird.

Watch our webisode of Cooking with Bird Talk on how to make Food Toys

Recipes

Pretzel Kabob Ingredients:Unsalted Pretzel Sticks Berries (blueberries and raspberries) Bananas Squash Sweet potato
Cucumber

To make the Pretzel Kabob, you start by taking your unsalted pretzel sticks and sliding your fruits or vegetables midway. Use softer foods so you don't break your pretzel. For this food toy, we used blueberries, raspberries and a slice of banana to make a fruit Pretzel Kabob. We also made a vegetable Pretzel Kabob, using cooked sweet potato, squash and a cucumber.

Lettuce Wrap Ingredients:Romaine Lettuce Brown rice Cook Mix Leather strips

The Lettuce Wrap can be made into a hanging toy. Take your bird's main diet or a cook mix, place it in some romaine lettuce, add some brown rice and then roll it like a burrito. Tie both ends with a leather strap and then place a hanging hook to attach it to your cage. For your larger birds, you can offer it as a food toy!

Apple Head Ingredients:Apple Parsley Blueberries (Or other small fruit for the eyes) Baby carrot Dried corn

Take any apple and remove the core of the apple. Place a parsley or cilantro bunch into the empty area, making hair. Then, cut out parts of the front to create holes where you will place smaller pieces of food. Use small pieces of fruit and veggies to make up the parts of the face. Place those in the holes and you have an edible apple head for your bird to tear up.