

Birds USA Exclusive: Bird Food Quiz

Test your knowledge on bird food and nutrition

Solomon Island Eclectus
Courtesy Lara Seidle, Florida

Quiz Tip: Print out this page before you take the quiz and use it to record your answers for each question.

1. Which of the following is one of recommended method for converting your bird from a seed-only diet onto a pelleted diet?
- a) Immediately eliminate all seed and only offer pellets.
 - b) Give your bird a bowl full of seed and a bowl full of pellets so it can choose which it wants to eat.
 - c) Mix pellets into your bird's seed mix
 - d) Take your bird in for a well-bird check up first to rule out sub clinical infection or disease and then gradually increase the amount of pellets offered and decrease the amount of seed.

Answer: _____ Points: _____

2. If your bird shows no interest in eating vegetables or trying new food items like pellets, what is a food item is a good transitional food?
- a) Celery
 - b) Sprouted seed
 - c) Grass shavings
 - d) Cuttlebone

Answer: _____ Points: _____

3. What is the best way of monitoring your bird's weight to see if it is eating enough?
- a) Have your vet take blood samples.
 - b) Visually check your bird for fat deposits.
 - c) Weigh your bird using a high-quality scale that weighs in grams.
 - d) Hold your bird to see if it weighs more.

Answer: _____ Points: _____

4. Which birds do avian veterinarians recommend giving a mineral block or cuttlebone to?
- a) Both male and female birds that consume a primarily seed diet.
 - b) Egg laying hens
 - c) Both of the above

Answer: _____ Points: _____

5. Which feeding ratio is true of fruit and vegetables?
- a) Feed 90 percent fruit and 10 percent vegetables
 - b) Feed 50 percent fruit and 50 percent vegetables
 - c) Feed 90 percent vegetables and 10 percent fruit

Answer: _____ Points: _____

CHECK ANSWERS>>