

An Enriched Life

Want to amp up your bird's quality of life? Lavish it with enrichment.

By Robin Shewokis

Enrichment, foraging, toys, devices and quality of life are all phrases that are thrown around in the companion bird world on a regular basis. We all have a general knowledge of what they mean, but is there truly understanding of how to create an effective enrichment plan for your feathered companion? With this article, I hope to walk you through those terms, the end result being a more enriched life for your companion bird. **For the full article, pick up the 2010 issue of Birds USA or click [here](#) to buy the issue.**